

THE FLAT HAT

Vol. IV.

COLLEGE OF WILLIAM AND MARY IN VIRGINIA, MARCH 16, 1915

No. 17

THE ART OF WRESTLING AS AN EXERCISE FOR THE COLLEGE STUDENT

Written by Mr. George W. Herbert, World's Featherweight Champion, for The Flat Hat

The art of wrestling is as old as human history. Its great value was recognized by the ancients, and it was the favorite pastime of the famous Greek athletes of the olden days, and many drawings and images of wrestlers are found on the stones and pillars discovered in the remains of buried cities.

Almost every nation on earth today recognizes wrestling as a great man developer, and a sure means of preparation for great physical endurance or self-protection. The past few years have witnessed a wonderful revival of interest in this—the greatest of all athletic contests, and the most skilled wrestlers of every country have travelled the world over to meet and contest with the champions of other lands.

The greatest exercise in the world today for the youngsters is wrestling. Wrestling is not only the very best exercise to build big, strong and powerful muscles, but it also teaches a youngster how to think and act quickly and exercises his mind as well as his body, and gives him confidence in himself, something everyone has to have before they can make a success in this world.

Most all great men in the history of the world have been students of physical culture. Even the ancients knew that a strong, robust body was necessary for great mind development. They knew that a weak, frail or sickly physical body could not be the home of a brilliant brain. There may have been a few exceptions to the rule, but when a man of gigantic intellectual power has been unfortunate enough to be poorly developed physically, he has usually lived a short and unhappy life.

The great and important rule is this, "Splendid health means a successful and happy life; poor health and a weak body are great handicaps to both success and happiness." Wrestling, is one of the greatest health makers in the world today. Try it.

Please remember, when I advise you to take wrestling, I don't mean to learn it with the intention of

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BRIGHT PROSPECTS FOR BASEBALL CHAMPIONSHIP

Dr. Draper's squad, with eight letter men as nucleus, already rounding into big league form

When the wintry winds have lost their vigor and the comparatively pleasant days of March make their appearance, then it is that the baseball scribe recovers from his melancholy, and, with a facile pen, covers his sheet of paper with baseball prospects, egotistic, sometimes erratic, but always egotistic.

'We are expecting a banner season' quoths the Hampden-Sidney correspondent. "Our team will be there at the finish," says the Richmond College man. And like utterances, though feeble, are heard from Ashland. We will all be there at the finish of the season—but, after looking over the raw and finished material on Cary Field, we feel safe in predicting that William and Mary will be on top.

Say, fellows, have you been out to Cary Field yet? If you have not, absorb a little of the enthusiasm from your room-mate and give the boys the "once-over."

At the first call for practice, eight letter men reported, together with about twenty-five of last year's scrubs and new applicants for baseball honors. The varsity men are rapidly rounding into form and there are several of the new men who are showing up exceedingly well.

"Bob" Combs will probably do

the catching. "Long John" has had two years experience as a backstop on the varsity. He is also adept in the art of "hitting 'em where they ain't."

Garnett was recognized to be the best twirler in the League last season. He contributed largely to the winning of the championship cup of 1914. Garnett is with us again this season. Enough said.

Over on the initial sack we find Addington. Ray is a versatile ballplayer, as has been shown by his work as a pitcher and in the infield. He is also a hitter, batting around .280 in 1914. This will be his third year on the team.

Games is back in college, and is making a bid for second base. "Pud" played in every game for three years, and was captain of the 1912 team.

On third we find the old reliable, "Buck Tucker." "Buck" has already played for two seasons on the varsity, and his difficult plays and systematic hitting have won many games for the old college. He is a capable man to lead the 1915 team to victory.

All three of the championship outfield are in uniform again. Newton, Rothwell and Jones make a trio that

(Continued on page 3)

ACADEMY BASEBALL OUTLOOK IS BETTER THAN IN ANY PREVIOUS YEAR

Local Preps. Have Good Schedule Arranged
Very Promising Material in Squad

About twenty-five Academy men responded to Coach Hubbard's call for baseball practice by reporting on the Academy athletic field last Thursday afternoon. Some of these men look very promising and the prospects for a good team are bright. Captain Spencer is the only survivor of the last year's team, but Tucker Sutherlin, Ellis, Garland and James come with good baseball reputations from their respective schools. Besides the above named several others are showing good form.

The following schedule is announced by manager Forbes.

Wednesday, March 31, W. and M. College at Williamsburg.

Monday, April 5, Newport News H. S. at Williamsburg.

Saturday, April 10, Maury High at Williamsburg.

Monday, April 19, Blackstone Academy at Williamsburg.

Friday, Saturday, April 23, 24, in Norfolk (pending.)

Friday, April 30, Richmond Academy at Williamsburg.

Tuesday, May 4, Hampton High at Hampton.

Wednesday, May 5, Newport News High School at Newport News.

Saturday, May 15, Norfolk Academy at Williamsburg.

Wednesday, May 19, Hampton High at Williamsburg.

TRAINING SCHEDULES

Dr. D. W. Draper has worked out a number of excellent training schedules for track and field work, which may be procured upon application by any student interested.

Rob Ben Wolfe who recently challenged Vernon Geddy to a return wrestling match, wishes to announce that this challenge will be open but one week longer, as he has other matches pending.

Mr. Charles A. Taylor, William and Mary's Athletic representative in Richmond, was in town over Saturday and Sunday, the guest of the Theta Delta Chi fraternity.

Dr. James S. Wilson was in Washington City Monday and Tuesday on business.

BASEBALL SCHEDULE

Mar. 20--	Richmond Howitzers.....	at home
" 29--	Union Theological Seminary.....	"
Apr. 3--	Richmond Blues.....	"
" 5--	Norfolk League (Pending).....	"
" 9--	Virginia Polytechnic Institute.....	"
" 14--	118th Co., C. A. C.....	"
" 17--	Richmond College (Championship).....	"
" 23--	58th Co., C. A. C.....	"
" 24--	Randolph Macon (Championship).....	Ashland
May 1--	Hampden-Sidney (Championship).....	at home
" 5--	Richmond College (Championship).....	Richmond
" 8--	Randolph-Macon (Championship).....	at home
" 11--	Virginia Polytechnic Institute.....	Blacksburg
" 12--	Roanoke College.....	Roanoke
" 13--	Virginia Military Institute.....	Lexington
" 15--	Hampden-Sidney.....	Hampden Sidney

THE FLAT HAT

Stabilitas et Fides

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OLIVER W. FREY, Pennsylvania
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TELEPHONES.....Nos 24 and 71

Entered at the Postoffice at Williamsburg, Va. as second-class matter.

TUESDAY, MAR. 16, 1915

SOMETHING FOR ALL

We dislike to harp upon the same old theme continually, but we hear so much on the campus these days about athletics for the entire Student-body along with the specialized training of the few, that we think a few words more will not be amiss.

From now on until June, some twenty-five or more men will receive specialized training on Cary Field every evening. And after the nine best men of baseball squad win the Championship Cup for William and Mary this spring, we don't believe that even the grouchiest and most pessimistic opponent of specialization will be able to control his impulse to "hurrah." And to show that this specialization, (which is sure to bring a smile and a yell from even the hardest shelled all-around development advocate), need in no way interfere with the physical well-being of a single student, we wish to mention a few of the means by which every man here can secure more than enough exercise.

The roads around Williamsburg are in good shape now---and there are plenty of them. The earth and air are ours! And how any man with two good legs and a pair of lungs can say he has no chance to exercise, is beyond us. True, we have no cinder path on which to

practice. But is that not as much the fault of the students as of the authorities? How many men have shown a genuine interest in track work? Surely not enough to warrant the construction of a running track. Get out and run, create a demand for a track, and it's a safe bet that we'll get, not only that, but field and track meets as well. Why not "start the ball a-rolling" by arranging interclass meets?

The Gymnasium is another means of working off the "old rubber boots." For the past few months the Gym has been open to all students every afternoon, and we are glad to say has been much used. Many men have not only learned to play basketball, but have been greatly benefited by the exercise they received. The Gym is still open, and any one with sufficient energy to walk across the campus can put his muscles and lungs to whatever test he desires.

Nor is this all. The College has laid off a number of tennis courts, on which all who will may play. And the old idea that tennis is a "sissified" game, died long ago. For an all-around exercise, tennis is hard to beat. The courts are open to you. Get a racket and sweat! Inter-class or inter-dormitory contests might add interest here as elsewhere.

Again, there are the boxing and wrestling lessons given by Mr. Herbert in the Gym twice a week, affording our students an opportunity equalled by few, if any, other colleges of the size of William and Mary in the country. This instruction is given by Mr. Herbert free of charge, not with a view to making professional fighters, but simply because he is interested in the physical development of young men.

Surely there is a chance for every man here, whether inclined to the more strenuous or to the lighter forms of exercise. And the man who is inclined to none at all can also be taken care of, we believe; for we have plenty of beds, and a hospital too! Let's not kick, fuss, rant or knock, but make the most of what we have.

Y. M. C. A. LECTURES

The following is an outline of the work planned for the rest of this month:

Prof. Sydnor, March 16th., subject, "The Kind Of Men God Can Use."

Dr. J. Lesslie Hall, March 23rd., subject to be chosen.

Prof. Clark, March 30th., subject, "The Value Of Good Leadership."

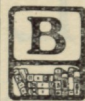
The Y. M. C. A. extends a hearty welcome to every student, and it is hoped that they will make an effort to hear these lectures.

Prof Sam Hubbard says he has the best prospects for a good baseball team that he has ever seen in the Academy.

CRAZY QUILT PATCHES

(BY JOOZY KORR)

BASEBALL



BASEBALL is a series of actions and reactions executed by eighteen men, divided into two bodies of nine each who deliberately abuse a perfectly innocent horse-hide pill by knocking and throwing it all over a three acre lot while a detachment of hoi-polloi becomes non compos mentis thereat. It's the American national game, you know, made national by the fact that 2 per cent. of the players are Americans and the rest are all sorts from Chinese to darlings of the Kaiser. But I don't see why people should go crazy over baseball; there's nothing in it, it's perfectly silly. I went to a game once, and sat next to a married lady. I wasn't scairt, her husband was with her. She told me all about the game--she was a fan. Just think of having fans at a ball game. It might be all right in August but they have 'em in April too when everybody's wearing overcoats.

Two kinds of fans at that. A man that sits in a grand stand and saws for two hours on his vocal cords is a fan, and a man that stands up with a stick in his hand and tries to hit the ball back at another man who throws it at him and misses every time--why, that's a fan. They call it punch too. Now I admit I like my share of punch, but I never could detect any tang in that. Now the lady told me the man with the stick was a batter and the man who threw at him was a pitcher. Land sakes! you'd think baseball was a bakery. A pitcher of batter! Egg-bread batter I suppose. I didn't see any stove there to cook it in. Once everybody yelled awful when a man 'way off in the distance ran backwards and caught a fly. I didn't tell the lady she was a liar but I thot it just the same. I know well she couldn't see a fly that far away and besides it was too cold that April for flies to be around yet. Some of the men had certain places to run to--four of 'em. Three of 'em were called bags and the fourth a plate. Now anybody with any sense at all knows a plate wouldn't stand being

(Continued on page 4)

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BRIGHT PROSPECTS FOR BASEBALL

can be relied upon to field their positions. They can also hit the ball when necessary. Rothwell played on the varsity basketball team, and is in mid-season form already. Newton has had one years experience on the college team, and has a reputation as a clean-up man. Jones has played on the team for three years, in the box and the outfield. This training should make him a valuable player in the coming season.

Williams, a 1914 scrub, and Moncure, from the Academy, are running a close race for shortstop. Heflin, captain and one of the star players of the Central High School, Washington, D. C., is a freshman this year. He is making things lively around third base.

The twirling staff will be augmented by two new men, Jam-s and Parker. James comes from R. M. Academy, and is one of the best prep school pitchers in the state. Parker is a South paw, with wide experience in amateur circles. Given a little training he will develop into a first-class pitcher.

Richardson is making a strong bid for an outfield position, and Ames, Hall, Copeland and Geddy are causing the regulars to hustle.

All of these boys have the baseball protoplasm. We are going to turn out a winning team, but the championship rests largely with the Student-body.

Fellows, let us revive that old spirit that led the 1911 team on to victory, that unbounded enthusiasm that brought us the cup in 1914, and we will hear the old College bell resound, again and again, this spring, announcing that victory is in our midst.

THE ART OF WRESTLING AS AN EXER-

making a profession of it. Far from it. As an athletic exercise and body builder it cannot be beaten, but as a profession in which to make your living, it is a hard life and very little money considering the work you do and the chances you take of getting broke up. I know what I am talking about, as I have been in the game eleven years. As a profession, NO.

If you want good health, a healthy brain, a good strong body with powerful muscles, Wrestle. (Nuf Ced.)

Yours truly,
Geo. Herbert.

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Mr. “Bat” Peachy, the crack short-stop of last year’s championship team, is assisting Dr. Draper with the squad this year. His experience and knowledge of the game make him a valuable addition to the coaching force.

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COMMUNICATION ON FOOTBALL

Mr. Editor:

It may seem out of season, but I believe that now is the time to begin preparations for the 1915 football team. We want better football—about that there is no difference of opinion. Good material we had the past season. But, what we need is to get more out of our material—if a man can play football make him play it. Get it out of him!

As one method of developing material I suggest the following plan: Organize an eleven separate from the Varsity, procure some upper classman or some alumnus with football experience as coach, and make out a schedule—nothing pretentious for the team. Those familiar with football conditions at the other colleges of the Virginia Association know of the "Reserve" teams. Why not the William and Mary "Reserves?" One or two home games could be played when a vacant date existed and a trip or two could be arranged. This eleven would furnish an opportunity for those who are not of varsity calibre to receive attention and give them at the same time something to work for. It would be a valuable aid in building up the first eleven. And more men would come out for football; the College reaching nearer to the athletic ideal of all students participating in some form of sport.

This is only a crude idea, Mr. Editor. Some may like it, some may not. Let the students express themselves and think it over.

"For Better Football."

BASEBALL

walked on like that was, and I don't know who'd want to eat off it after it had been in all that dirt. The bags they called 1st base, 2nd base, and 3rd base. The lady didn't say what the middle was but I supposed it was the soprano—it was higher than the rest. I tell you, you can never get me to another game of baseball; I saw by that one game that baseball is absolutely silly what with pitchers, batter, plates, flies, fans and such like. Why they even struck fowls, poor innocent fowls, every one of the men, cruel brutes!

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